

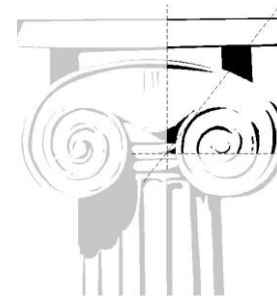
Career Center Workshops

TITLE	DESCRIPTION
Interviewing Techniques	<ul style="list-style-type: none"> • Learn the importance of preparation and research prior to an interview • How to answer tough questions • Address perceived barriers; and negotiate your salary
Exploring Work Search Resources	<ul style="list-style-type: none"> • Overview of tools found in the Department of Labor's website developed by employment experts and how to use them effectively for your job search
Getting Back To Work	<ul style="list-style-type: none"> • Covers topics such as, job search, the hidden job market, resume writing, and interview skills
Job Search Techniques	<p>This workshop is designed to help you expand your job search:</p> <ul style="list-style-type: none"> • You will explore the visible and hidden job market • Learn new resources to help you search for a job • How to network and Learn how to recognize and define your transferable skills
First Steps - Intro to Technology -	<ul style="list-style-type: none"> • Update and format your resume using Microsoft Word • Create and use appropriate e-mail address along with creating an Indeed profile • Learn how to apply to jobs online and upload your resume. • Obtain tips for writing effective cover letter and thank you letter. <p><i>This workshop is presented by: ATTAIN LAB (EOC) ***(Prerequisite – electronic resume) ***</i></p>
ACCESS-VR Orientation (Adult Career and Continuing Education Services - Vocational Rehabilitation)	<p>Services are for individuals with disabilities that interfere with getting or keeping a job or who have difficulty advancing at their job. VR services may only be provided if your goal is employment. The best way to learn about the vocational rehabilitation process and VR services is to attend an orientation. Information provided at an ACCES-VR orientation session may help you decide if it is the right service for you.</p> <p>Call 473-8097 for reservation, offered the 2nd Thursday of every month at 1:30pm</p> <p>**Auxiliary aids and services are available upon request to individuals with disabilities**</p>
Youth Opportunity Workshop	<p>The targeted audience is job seekers ages 17-25.</p> <p>This workshop will help you:</p> <ul style="list-style-type: none"> • Figure out your career path • Get help with your resume • Prepare for interviews and job fairs • Gain job leads...and much more.

Career Center Partners

The following Partners have representatives available at the Albany Career Center to assist you:

- **Albany County Department of Aging** • **Educational Opportunity Center (EOC)**
Thursdays, 9:00am. To 3:00pm. Tuesdays, 10:00 A.M. – 273-1900 x 2362
- **Women's Employment Resource Center (WERC)**
Monday – Friday, 8:30am. to 4:30pm



Career Central

"The Workforce Solution Center of Albany"

175 Central Avenue
Albany, New York 12206
518.462.7600 Option 3

MARCH 2020

WORKSHOPS

You must sign up in person and be a valid Career Center member in order to register for workshops. If the workshop is at full capacity, you may sign up as an alternate on the morning of the workshop.

IMPORTANT

If you are unable to attend a workshop and do not notify the receptionist at the Career Center by 4:00pm the previous day, you will be considered a no-show.

WISH TO ATTEND A WORKSHOP?

Registration is required – please call 462-7600, Option 3.



A proud partner of the
American Job Center
network

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Financial Aid for Training 1:00pm-2:00pm	4 Mini Job Fair 1:00pm-4:00pm Metrix Learning Orientation 1:30pm-3:30pm	5 Interview Techniques 10:30am-12:00pm	6 Online Job Application Lab 10:00am-11:30am
9	10 Job Search Forum 10:00am-11:30am	11 Exploring Work Search Resources 10:00am – 11:30am	12 ACCESS-VR Orientation 1:00pm-3:00pm Reservation Required Call – 473-8097	13 Job Search Techniques 10:00am-11:30am
16 First Steps - Intro to Technology – ATTAIN LAB (EOC) 10:00am-12:00pm	17 Getting Back To Work 10:00am-11:30am Financial Aid for Training 1:00pm-2:00pm	18 Metrix Learning Orientation 1:30pm-3:30pm	19 Youth Opportunity 2:00pm-3:00pm	20 Online Job Application Lab 10:00am-11:30am
23	24 Veterans Resources 1:30pm-2:30pm	25 Exploring Work Search Resources 10:00am – 11:30am	26 Interview Techniques 10:00am-12:00pm	27 Job Search Techniques 10:00am-11:30am
30	31 Getting Back To Work 10:00am-11:30am Financial Aid for Training 1:00pm-2:00pm			